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# **Original Research Article**

# Effect of Zicao ointment on second-degree burns in rats

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#### Abstract

Purpose: To investigate the healing effect of Zicao Ointment (ZCO) on second-degree burns in rats. Methods: Male Sprague Dawley (SD) rats, weighing 200 - 220 g, were subjected to deep seconddegree skin burns by electrical scald instrument. The animals were divided into three groups as follows: (1) second-degree burns (control) group, (2) burns treated with 1 % silver sulfadiazine (SSD) group, and (3) second-degree burns treated with ZCO group. On days 3, 7 and 14 following administration of the drug or ZCO, wound area and histopathological changes of rat epidermis were evaluated for the various

Results: On day 14, mean wound area of ZCO treatment group (0.28 ± 0.04 cm<sup>2</sup>) was significantly smaller than that of the control rats (2.63  $\pm$  0.19 cm<sup>2</sup>, p < 0.01). Histological results indicate that inflammatory cells disappeared and were replaced by new granulation tissue by day 14 in the group treated with ZCO. Compared with SSD group rats, the inflammatory cells decreased and fibroblast and granulation tissues increased significantly in burnt rats treated with ZCO.

Conclusion: Zicao Ointment is effective for the treatment of second-degree burns in rats and may be suitable for clinical therapy of second-degree burns.

Keywords: Zicao ointment, Second-degree burns, Healing, Rat epidermis, Silver sulfadiazine

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### INTRODUCTION

Every year, millions of people suffer major disabilities or even death from burns, caused by hot water, flame and boiling oil. People suffer from burns due to domestic and industrial accidents, which along with enormous cost of treatment, cause mortality and considerable morbidity [1]. According to the World Health Organization (WHO), there were 300,000 deaths worldwide due to burns in 2012, with 96 % of these deaths occurring in developing countries [2]. Burns are one of the health problems in modern societies associated with irreparable damage to patients and family relationships [3].

Currently, silver sulfadiazine is the most used

topical treatment for burns due to its potent antimicrobial efficacy. However, it was found that absorbed systemically, posing silver gets problems on prolonged use and systemic complications such as neutropenia, methemoglobinemia and renal toxicity [4]. Therefore, finding more effective agents with fewer side effects for burns is imperative.

Zicao Ointment, which is composed Lithospermum erythrorhizon and mandarinus Saussure, is a traditional Chinese medice for treating burns. Lithospermum erythrorhizon has been used in treatment of inflammation, infection, jaundice, skin burns and hyperlipemia in China and Japan [5]. Several studies have evaluated the antioxidant capacity

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of *Lithospermum erythrorhizon* extract [6,7] and its anti-inflammatory activities, such as the inhibition of NF-kB [8]. In the present study, the healing effect of Zicao Ointment on deep second-degree burn wounds in rats was investigated.

# **EXPERIMENTAL**

#### **Materials**

The herbal samples of Zicao ointment were collected from Enshi City, Hubei Province in China in May 2015. Taxonomic identification of the plant materials was performed by Prof Neng Liu, College of of Pharmacy of Zhejiang Chinese medical University, China. A voucher specimen (no. ZCO 201505006) was deposited in the College of pharmacy of Zhejiang Chinese Medical University, China for future reference.

# Animals and model preparation

Female Wistar rats weighing 180 - 200 g were obtained from Zhejiang Center for Disease Control and Prevention, Hangzhou, Zhejiang. The rats had free access to feed and were allowed to acclimatize for at least one week before use. The animal experiment was approved by the Animal Care and Use Committee of Zhejiang Chinese Medical University (approval reference no. 20040503) and was carried out in compliance with the Directive 2010/63/EU on the handling of animals used for scientific purposes [9].

Ethyl carbamate solution was used for anesthetizing the rats after the rat hair was shaved. The top of electrical scald instrument (Changhai Hospital of Second Military Medical University, China) was pressed on the skin at the back of the rat for 12 s at 80 °C. In this way, the second-degree burn model was prepared.

# **Experimental groups and treatments**

All rats were randomly divided into three groups of thirty-five rats each: second-degree burn model group, silver sulfadiazine-treated group and ZCO-treated group. All the animals in the second-degree burn model, silver sulfadiazine-treated and ZCO-treated groups received a deep second-degree burn. Silver sulfadiazine cream (1 %, w/w) was used as the standard drug.

In a preliminary study, the dose-response properties of ZCO and silver sulfadiazine were examined to determine the optimal dose, and 0.4 g SSD or 1 mL ZCO per wound were confirmed as the most effective dosage for the wound healing. One mL of ZCO or 0.4 g of SSD was

applied slowly with cotton bud to the burn wound area and extended slightly outside the wound area to ensure inclusion of the wound edges. The treatments were repeated twice daily for 14 days. The first application was done directly after the injury. The control group did not receive any treatment for 14 days. The wound remained exposed after the treatment.

# Average wound area measurement

On days 3, 7 and 14, following treatment, average wound areas of the control, SSD and ZCO group rats were measured. The wounds were photographed with a digital camera in order to calculate the wound surface areas (WSA) with Autocad software 2010 (made by Autodesk Co. Ltd). The change in wound surface area in a given day (WSA $_{day-x}$ ) was expressed as a percentage of the wound area on the second day (WSA $_{day-2}$ ) using Eq 1.

 $WSA = \{(WSA_{day-2} - WSA_{day-x})/WSA_{day-2}\}100 \dots (1)$ 

#### Histological study

Wound skin tissue samples were taken, using a scalpel, from the control, SSD and ZCO groups on days 7 and 14 for histological observation. The skin tissues were fixed with 10 % formalin. After fixation, the samples were embedded in paraffin, cut into 3 mm frozen sections with a cryostat microtome, and then stained with hematoxylin and eosin reagent. A collagen fiber, inflammatory cell, blood vessel and granulation tissue of the skin tissues were examined under a microscope.

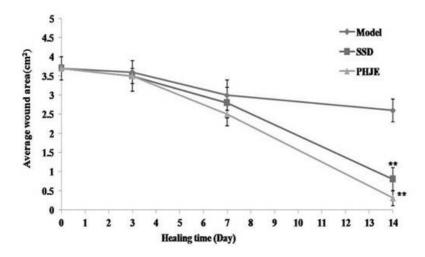
#### Statistical analysis

The values are expressed as mean  $\pm$  SEM. Multiple group comparisons were performed by one-way analysis of variance (ANOVA) using SPSS 16.0 followed by Dunnett's test to detect intergroup differences. P < 0.05 was considered statistically significant.

# **RESULTS**

#### Wound healing test

The wound area of burnt rats decreased progressively when applied with SSD or 120 mg/mL ZCO treatment. The wounds treated with ZCO healed more quickly than those of the control group. The mean wound area of ZCO group was smaller than that of control groups by day 14 (p < 0.01) (Figure 1). Meanwhile, the average wound area of burnt rats treated with



**Figure 1:** Wound area as a function of time (n = 10). Data are expressed as mean  $\pm$  SEM. Differences between control (model) and the treated groups were significant (p < 0.05 and p < 0.01) compared to the control (model)

SSD was significantly smaller than that of the control rats on day 14 (p < 0.01).

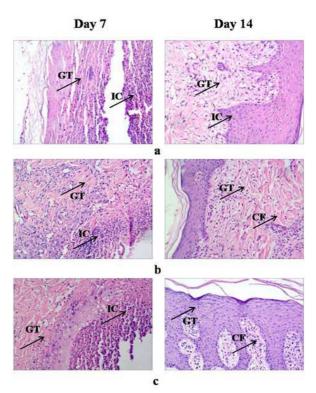
# **Histological features**

After a second-degree burn showing muscular and adipose tissues formed, there were neither dermis nor epidermis and infection was absent. Histological findings of the wounded skin, treated with SSD and ZCO on day 7 and 14 are shown in Figure 2. On day 0, collagen fiber was necrotic, inflammatory cells infiltrated below the striated muscles and vascular engorgement and necrosis were seen in the burn skin of model rats. On day 7, there was severe infiltration of inflammatory cells and some fibroblast and granulation tissues were found in the burnt skin of the control rats. The inflammatory cells of rat skin treated with SSD or ZCO decreased significantly and fibroblast and granulation tissues increased rapidly. By day 14, inflammatory cells were still seen and some fibroblast and granulation tissues grew in the burnt skin of the control rats. The inflammatory cells disappeared and granulation tissue. collagen fibers and epithelialization progressed very quickly in rats treated with SSD or ZCO.

### DISCUSSION

Thermal burn injury is still a major cause of death and disability in the world and its healing process is a challenge in modern medicine. Burns on human body may be treated by different methods depending on the extent and severity of the burn. SSD is bactericidal on a wide variety of bacteria, so it is commonly used to prevent and treat infections of second and third degree burns. Recent studies revealed that SSD ointment has

positive effects on the proliferation of fibroblasts which are the main source of collagen and fibronectin [10]. However, some reports suggest that silver-based products show side effects during burns treatment [11,12].



**Figure 2:** Pathomorphology of rat skin. (a) control, (b) SSD treatment, and (c) ZCO treatment on Day 7 and Day 14 respectively (100x); IC = inflammatory cells, GT = granulation tissues, CF = collagen fibers

In recent years, there has been a rising trend in natural medicinal products for the local treatment of wounds due to the high costs of traditional drug treatments [13]. Skin integrity is restored by a physiological process aimed at repairing the damaged tissues. The healing process proceeds in four phases: hemostasis, inflammation, proliferation and remodeling [14]. The time required for complete healing of deep second-degree burns, without the application of specific therapeutic agents, can be three to six weeks or more, and a scar tissue may appear [15]. In our study, ZCO accelerated the scab of deep-degree burn wound and prevented infection effectively.

Burn wounds treated with ZCO recovered well by day 14. However, the wounds of the control group still showed severe inflammatory cell infiltration and the epidermis of the burns was not healed.

#### CONCLUSION

The findings of this study reveal that Zicao ointment accelerates healing of second-degree burns in rats, and therefore can potentially be developed into a suitable therapeutic product for burns treatment.

#### **DECLARATIONS**

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#### Conflict of Interest

No conflict of interest associated with this work.

# **Contribution of Authors**

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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