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## **Original Research Article**

## Liraglutide-induced reduction of myocardial ischemiareperfusion injury in rats via ERK1/2 signaling pathway

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## Abstract

**Purpose:** To investigate the protective effect of liraglutide on myocardial ischemia reperfusion (I/R) injury and its molecular mechanism.

Methods: Ischemia reperfusion model male Sprague-Dawley (SD) rats were randomly divided into negative control group, I/R group (saline), liraglutide group (liraglutide) and PD group (liraglutide + PD98059). The weight of myocardium in ischemic and infarction areas of the heart, myocardial injury biomarker, oxidative stress, as well as expressions of mRNA molecules of apoptosis were determined. Results: The myocardial mass of ischemic and infarcted areas of the heart (relative to left ventricular mass) of I/R group were significantly higher (p < 0.05) than those of negative control group, but significantly lower in liraglutide group than in I/R group (p > 0.05). However, the parameters were significantly higher in PD group than in liraglutide group (p < 0.05). CK, CK-MB and LDH activities, as well as levels of cTnI and cTnT in I/R group were significantly higher (p < 0.05) than those of negative control group. However, the parameters were significantly lower (p < 0.05) in liraglutide group than in I/R group, but higher in PD group (p < 0.05) than in liraglutide group. Serum SOD, GSH-Px, CAT activities and tBcl-2 mRNA expression were significantly lower in I/R group than those of negative control group (p < 0.001), while those PD group were significantly lower than those of liraglutide group (p < 0.001). Conclusion: Liraglutide alleviates myocardial ischemia-reperfusion injury and inhibits oxidative stress and apoptosis via ERK1/2 signaling pathway in rats, but further studies are required to ascertain the clinical efficacy and safety of the compound.

**Keywords:** Ischemia-reperfusion injury, Liraglutide, ERK1/2 signal pathway, Oxidative stress, Apoptosis

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## INTRODUCTION

Myocardial ischemia reperfusion (IR) injury refers to the pathophysiological process of aggravated injury after ischemic myocardial perfusion. In clinical practice, IR is an important factor that affects myocardial infarction thrombolysis. Therefore, reduction of myocardial IR injury is an important objective in improvement of reperfusion in patients with myocardial infarction [1-3]. Liraglutide is a new drug that has been used for type 2 diabetes in recent years. Pharmacologically, it is a glucagon-like peptide I (GLP-1) analogue, which effectively reduces blood glucose levels, regulates blood lipid metabolism and relieves insulin resistance in Type 2 diabetes. Recent studies have reported that liraglutide not only regulates glucolipid metabolism, but also improves endothelial and myocardial cell functions. It also reduces myocardial cell injury caused by hypoxia and hypoxia re-oxygenation conditions [4,5].

The aim of this study was to study the protective effect of liraglutide on myocardial ischemiareperfusion injury in an animal model as well as the molecular mechanisms involved.

## **EXPERIMENTAL**

#### Materials

Adult male SD rats (weighing 240 - 300 g) used in this study were provided by the Animal Experimental Center of Shandong University. Liraglutide injection (6 mg/mL) was product of Novo Nordisk Pharmaceutical Co., Ltd, China. The narcotics, surgical instruments and small animal ventilator for animal experiments were supplied by the Animal Experiment Center of Shandong University; electrochemiluminescence radiokits and immunoprecipitation kits were provided by Nanjing Jiancheng Bioengineering Institute of China, RNA extraction kits, cDNA first-strand synthesis kits and fluorescence quantitative PCR kits were purchased from Beijing Tiangen Biochemical Company, China. PCR primers were obtained from Shanghai Sangon Company.

#### Animal groups and treatments

SD rats were randomly divided into negative control, I/R, liraglutide and PD groups (6 rats per group). The I/R, liraglutide and PD groups were made into myocardial ischemia-reperfusion injury models according to the following procedure. The rats were anaesthetized by intraperitoneal injection of chloral hydrate and placed on the operating table in supine position. Median neck incision was made, the trachea was separated and intubated, and a small animal ventilator was connected.

Thereafter the electrode was placed on the left lower extremity for continuous recording of electrocardiogram. An incision was made between the 3<sup>rd</sup> and 4<sup>th</sup> ribs to expose the heart, and the left anterior descending branch of the coronary artery was isolated and clamped with bulldog clamp for 40 min. ST elevation and peak T wave in the electrocardiogram indicated evidence of myocardial infarction. Then the bulldog clamp was loosened, and myocardial perfusion was restored for 4 h for completing establishment of myocardial I/R model. The negative control group received only model operation in which the left anterior descending branch of the coronary artery was separated after anesthesia, but without clamping.

#### **Drug treatments**

Eight days before the model making, drug intervention was done for 7 continuous days, and myocardial I/R injury model was established on the 8<sup>th</sup> day. In the drug intervention procedure, the liraglutide group received 0.07 mg/kg of the drug once a day by subcutaneous injection. The PD group received the same dose of liraglutide once a day subcutaneously in addition to 1 mg/kg of PD98059 also once a day. The negative control and I/R groups received an equivalent volume of saline subcutaneously once a day.

# Determination of parameters related to myocardial ischemia and infarction

Four hours after myocardial blood reperfusion, the left anterior descending branch of the coronary artery was blocked, and 1 mL of 5 % Evans blue was injected via the internal jugular vein. Thereafter the heart was excised the left ventricle and was separated and frozen in liquid nitrogen for 10 min. The left ventricular myocardial tissue was cut into 2 mm-thick sections and examined under the microscope for detailed evaluation of hypoxia-induced changes. Areas stained blue were considered normal myocardium, while the areas stained red were ischemic, non-infarction myocardium. The graystained areas were indicative of infracted myocardium. Electronic balances were used to weigh the myocardial mass of the ischemic and infarction areas, and the percentages of myocardial mass of ischemic and infarction areas relative to left ventricular mass were calculated.

#### Assay of biochemical indices

Peripheral blood specimens were collected 4 h after myocardial blood reperfusion, allowed to clot and centrifuged get serum samples. Electrochemiluminescence kits were used to determine the levels of creatine kinase (CK), creatine kinase isoenzyme (CK-MB), LDH, cTnl and cTnT. Radio-immunoprecipitation kits were used to determine activities of SOD, GSH-Px and CAT, as well as MDA levels.

#### Myocardial tissue collection and determination of infarct indices

Infarcted area of myocardial tissue was weighed, washed twice with saline, and then added to RNA isolation buffer and fully homogenized. RNA extraction kits were used to obtain total RNA in the myocardial tissue, and cDNA first-strand synthesis kits were used to reverse-transcribe the total RNA into cDNA. Thereafter fluorescence quantitative PCR kits were used to amplifyBcI-2, Bax, caspase-3, caspase-8 and GAPDH (GAPDH was used as reference). The mean value of the corresponding gene mRNA expression in myocardial tissue of the negative control group was set at 1 to calculate BcI-2, Bax, caspase-3 and caspase-8 mRNA expression in myocardial tissue of other groups of rats. This research was approved (approval no. is LY2016021) by Animal Ethical Committee of Linyi People's Hospital in Shandong Province according to "Principles of Laboratory Animal Care" (NIH publication no. 85-23, revised 1985) [6].

#### **Statistical analysis**

SPSS version 20 statistical package was used for statistical analyses. Data were analysed for statistical significance using ANOVA. P < 0.05was considered to indicate statistically significant difference.

## RESULTS

#### Myocardial ischemia and infarction

The results of analysis of mass of ischemic and infarcted areas, and percentage of mass of ischemic and infarction areas relative to left ventricular mass among groups are presented in Table 1. Myocardial mass of ischemic and infarcted areas, and percentages of each of these parameters relative to left ventricular mass of the I/R group were significantly higher (p < 0.05) than those of negative control group. These parameters were significantly lower in the

liraglutide group than in the I/R group (p > 0.05), but were significantly higher in the PD group when compared with the liraglutide group (p < 0.05).

#### Myocardial injury indices

Serum levels of myocardial injury indices – CK, CKM-B and LDH activities as well as cTnI, cTnT, and MDA levels are presented in Table 2. CK, CK-MB and LDH activities, as well as levels of cTnI and cTnT in the I/R group were significantly higher (p < 0.05) than those of the negative control group. However these serum parameters were significantly lower (p < 0.05) in the liraglutide group than in the I/R group, while those of the PD group were significantly higher (p< 0.05) when compared with the liraglutide group.

#### Serum levels of oxidative stress indices

The results of analysis of oxidative stress indices are presented in Table 3. Serum SOD, GSH-Gpx and CAT activities in the I/R group were lower, while MDA level of the I/R group was significantly higher when compared with corresponding values for the negative control group (p < 0.05). However, serum SOD, GSH-Px and CAT activities were significantly higher, while MDA level was significantly lower in the liraglutide group than in the I/R group (p < 0.05). In the PD group, serum SOD, GSH-Px and CAT activities were significantly lower than those of liraglutide group while MDA level was significantly higher (p < 0.05).

**Table 1:** Mass of myocardial ischemia and infarction areas of rats (mean  $\pm$  SD, n = 6)

Group	Mass of ischemic area (mg)	Mass of infarction area (mg)	Ratio of mass of ischemic area:left ventricular mass	Ratio of mass of infarction area:left ventricular mass
Negative control	103.22 ± 15.58	6.12 ± 0.93	15.28 ± 2.96	0.91 ± 0.12
I/R	286.65 ± 42.35 <sup>*</sup>	126.59 ± 16.87 <sup>*</sup>	48.52 ± 6.69 <sup>*</sup>	21.43 ± 4.29 <sup>*</sup>
Liraglutide	175.42 ± 29.34 <sup>&amp;</sup>	47.68 ± 7.95 <sup>&amp;</sup>	26.91 ± 4.52 <sup>&amp;</sup>	7.21 ± 0.98 <sup>&amp;</sup>
PD group	239.15 ± 34.61 <sup>#</sup>	89.49 ± 12.48 <sup>#</sup>	$37.68 \pm 5.14^{\#}$	$14.10 \pm 2.16^{\#}$

Compared with negative control group, p < 0.05; <sup>\*</sup>compared with I/R group, p < 0.05; <sup>#</sup>compared with liraglutide group, p < 0.05 values are mean  $\pm$  SD

Table 2: Myocardia	injury indices for rats	$(mean \pm SD, n = 6)$
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Group	CK (IU/L)	CK-MB (IU/L)	cTnl (µg/L)	cTnT (ng/L)	LDH (IU/L)
Negative	22.41 ± 5.49	46.52 ± 7.21	0.09 ± 0.02	32.51 ± 6.51	53.57 ± 9.32
control					
I/R	124.48 ± 22.39 <sup>*</sup>	193.42 ± 29.34 <sup>*</sup>	$0.69 \pm 0.10^{*}$	325.69 ± 52.67 <sup>*</sup>	254.68 ± 41.28 <sup>*</sup>
Liraglutide	42.16 ± 7.95 <sup>&amp;</sup>	93.25 ± 13.64 <sup>&amp;</sup>	$0.30 \pm 0.06^{\&}$	125.52 ± 17.87 <sup>&amp;</sup>	103.59 ± 15.57 <sup>&amp;</sup>
PD group	98.31 ± 15.57 <sup>#</sup>	164.22 ± 23.47 <sup>#</sup>	$0.52 \pm 0.08^{\#}$	244.52 ± 39.61 <sup>#</sup>	$178.55 \pm 25.68^{\#}$

Compared with negative control group, p < 0.05; <sup>\*</sup>compared with I/R group, p < 0.05; <sup>#</sup>compared with liraglutide group, p < 0.05

Table 3: Oxidative stres	s-related levels in rat	serum (mean ± SE	), n = 6)
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Group	SOD (U/L)	GSH-Px (U/L)	CAT (U/L)	MDA (µmol/L)
Negative control	75.91 ± 11.35	127.58 ± 19.75	58.69 ± 8.54	7.39 ± 1.27
I/R	27.68 ± 4.51 <sup>*</sup>	$42.36 \pm 7.65^{*}$	15.23 ± 1.88 <sup>*</sup>	$32.46 \pm 6.58^{*}$
Liraglutide	62.14 ± 8.98 <sup>&amp;</sup>	104.58 ± 17.52 <sup>&amp;</sup>	43.57 ± 6.71 <sup>&amp;</sup>	14.22 ± 2.46 <sup>&amp;</sup>
PD	$35.24 \pm 5.57^{\#}$	$59.26 \pm 8.14^{\#}$	$22.67 \pm 3.61^{\#}$	$26.53 \pm 3.49^{\#}$

Compared with negative control group, p < 0.05; <sup>\*</sup>compared with I/R group, p < 0.05; <sup>#</sup>compared with liraglutide group, p < 0.05

Table 4: Mitochondrial apoptosis-related molecular expression in rat myocardial tissue

Group	Bcl-2	Bax	Caspase-3	Caspase-8
Negative control group	1.00 ± 0.21	1.00 ± 0.18	1.00 ± 0.16	1.00 ± 0.22
I/R group	$0.36 \pm 0.06^{*}$	$2.67 \pm 0.42^{*}$	$3.02 \pm 0.49^{*}$	$2.35 \pm 0.38^{*}$
Liraglutide group	$0.89 \pm 0.16^{\&}$	1.45 ± 0.21 <sup>&amp;</sup>	1.52 ± 0.19 <sup>&amp;</sup>	1.39 ± 0.23 <sup>&amp;</sup>
PD group	$0.44 \pm 0.09^{\#}$	$2.29 \pm 0.37^{\#}$	$2.54 \pm 0.41^{\#}$	$2.04 \pm 0.39^{\#}$

Compared with Negative control group, p < 0.05; <sup>\*</sup>compared with I/R group, p < 0.05; <sup>#</sup>compared with liraglutide group, p < 0.05; values are mean  $\pm$  SD

#### Expression of mitochondrial apoptosisrelated proteins

The expression of Bcl-2 mRNA in myocardial tissue of I/R group was significantly lower than that in the negative control group, while the expressions of Bax, caspase-3 and caspase-8 mRNA expression were significantly higher (p <0.05). Bcl-2 mRNA expression in myocardial tissue of the liraglutide group was significantly higher than that in the I/R group while the expressions of Bax, caspase-3 and caspase-8 mRNA were significantly lower (p < 0.05). The expression of Bcl-2 mRNA in myocardial tissue of the PD group was significantly lower than that of liraglutide group while Bax, caspase-3 and caspase-8 mRNA expressions were significantly higher (p < 0.05). The results are shown in Table 4.

## DISCUSSION

Myocardial ischemia reperfusion (I/R) injury affects the outcome of interventional and thrombolysis therapies after mvocardial infarction. Reduction of myocardial I/R injury has been the subject of intensive research in the cardiovascular field [1,3]. Liraglutide, a GLP-1 analogue which regulates glucolipid metabolism, has been increasingly used for the treatment of Type 2 diabetes mellitus and obesity. Recent studies have found that liraglutide not only regulates glucolipid metabolism, but also possesses anti-oxidative stress, anti-apoptosis and cytoprotective effects [7,8]. In order to investigate whether liraglutide has protective effect on myocardial I/R injury in rats, myocardial ischemia and infarcted were analyzed in this study. Analysis of myocardial mass of ischemic and infarction areas showed that the mass of

ischemic and infarcted areas, and percentages of myocardial mass of ischemic and infarction areas relative to left ventricular mass of I/R group were significantly increased in myocardial tissue of I/R group when compared to the negative control group. However, liraglutide intervention significantly reduced these increases, implying that it has protective effect on myocardial I/R injury in rats, and can alleviate the myocardial ischemia and infarction caused by I/R. During I/R in myocardial cells, oxidative stress brings about cell damage.

The ROS produced by oxidative stress triggers on myocardial cell rupture, leading to release of myocardial enzymes such as CK-MB, LDH and CK, as well as structural proteins cTnI and cTnT into the blood. In the study, analysis of serum levels of some myocardial enzymes and myocardial structural proteins of rats revealed that the activities of CK, CK-MB and LDH, and the levels of cTnl, cTnT and LDH in the I/R group were significantly higher than those of negative control group. Interestingly, the administration of liraglutide significantly reduced the serum activities CK, CK-MB and LDH, as well as cTnI, cTnT levels. This means that liraglutide can inhibit the release of myocardial enzymes and myocardial structural proteins during myocardial I/R, thereby reducing myocardial I/R injury. ROS injures myocardial cells due to peroxidation of membrane lipids, which results in production and release of MDA. Studies have established correlation between MDA levels and the degree of tissue damage arising from oxidative stress [9,10].

The antioxidant enzymes, SOD, GSH-PX and CAT in myocardial cells can remove the reactive oxygen species produced during oxidative stress,

but the excessive ROS generated during I/R overwhelm these enzymes and weaken the body's antioxidant capacity [11,12]. In this study, analysis of the serum levels of MDA and antioxidant enzymes showed that serum SOD, GSH-PX and CAT levels of the I/R group were significantly lower than those of negative control group while MDA level was significantly higher. liraglutide intervention Again, significantly the I/R-induced reversed decreases in antioxidant enzymes as well as the increases in MDA. This suggests that liraglutide can relieve the myocardial oxidative stress imposed by I/R, increase the antioxidant capacity, and thus alleviate oxidative stress-induced myocardial I/R injury.

In I/R-induced myocardial injury, the generation of ROS brings about direct damage to cellular structure and function, as well as cell damage through the mitochondrial apoptosis pathway. ROS damage to mitochondria increases mitochondrial membrane permeability to cytochrome c, on entering the cytoplasm, which activates the apoptosis signal cascade mediated by caspase-8, and eventually splits the inactive pro-caspase-3 to active caspase-3, thereby apoptosis. In the mitochondrial causing membrane, Bcl-2 and Bax are involved in the permeabilitv control mitochondrial of to cytochrome c. It is known that the mitochondrial permeability of cytochrome c is reduced when Bcl-2 molecules form homodimers, but is increased when Bax forms heterodimers with Bcl-2 [13,14]. Thus the Bcl-2/Bax ratio is a critical factor that regulates mitochondrial apoptosis: decreased the expression of Bcl-2 and increased the expression of Bax result in increases in mitochondrial membrane permeability to cytochrome c, thereby initiating apoptosis through caspase-8/caspase-3 [15,16].

In this study, Bcl-2 mRNA expression in myocardial tissue of I/R group was significantly lower than that of the negative control group while Bax, caspase-3 and caspase-8 mRNA expressions were significantly higher. This trend was reversed by liraglutide administration, which resulted in increase in the Bcl-2 mRNA expression and decreases in the expressions of Bax, caspase-3 andcaspase-8 mRNAs in myocardial tissue. This means that the liraglutide can relieve myocardial cell damage caused by mitochondrial apoptosis due to myocardial I/R.

ERK1/2 is an important cellular signaling molecule which is involved in the formation of intracellular mitogen-activated protein kinase signal transduction pathway, and regulation of

proliferation, apoptosis, autophagy and oxidative stress in a variety of cells [17-19].

In order to determine whether liraglutide alleviated myocardial I/R injury through the ERK1/2 signaling pathway, the ERK1/2-specific inhibitor PD98059 was combined with liraglutide intervention, and differences in myocardial I/R injury were compared between liraglutide-PD98057 group and the PD group.

The results showed that the masses of ischemic and infarction areas, and their percentages relative to left ventricular mass were significantly higher than corresponding values in the liraglutide-PD98057 group. Moreover, serum CK, CK-MB, cTnI, cTnT, LDH and MDA levels as well as expressions of Bax, caspase-3 and caspase-8 mRNA in the PD group were significantly higher than corresponding values obtained in the liraglutide-PD98057 group, while serum SOD, GSH-PX and CAT activities as well as Bcl-2 mRNA expression in myocardial tissue were significantly lower. This means that the combination of PD98059 and liraglutide weakened the protective effects of liraglutide on myocardial cell damage, such as alleviation of oxidative stress and inhibition of mitochondrial apoptosis. This finding strongly suggests that the protective effect of liraglutide on myocardial I/R injury was mediated through ERK1/2 signaling pathway.

## CONCLUSION

The results obtained in this study indicate that liraglutide alleviates myocardial ischemiareperfusion injury and inhibit oxidative stress and mitochondrial apoptosis in rats the ERK1/2 signaling pathway. These findings may provide a new approach for the prevention and treatment on myocardial ischemia and reperfusion injury.

## DECLARATIONS

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#### **Conflict of Interest**

No conflict of interest associated with this work.

#### **Contribution of Authors**

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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