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Original Research Article

Anticancer potential and cytotoxic effect of some freshwater cyanobacteria

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Abstract

Purpose: To investigate the anticancer potential and cytotoxicity of some freshwater cyanobacterial extracts on Human Colon Carcinoma (HT29), Rat Brain Glioma (C6), Human Cervix Carcinoma (HeLa), Human Lung Carcinoma (A549), Human Breast Adenocarcinoma (MCF7), Human Liver Hepatocellular Carcinoma (Hep3B) cancerous cells, African Green Monkey Kidney cells (Vero), and Human Amnion cells (FL).

Methods: Chroococus minutus, Geitlerinema carotinosum, Nostoc linckia and Anabaena oryzae were collected from different freshwater habitats and identified. Each cyanobacterium was extracted with methanol. Antiproliferative activities of the cyanobacterial extracts were evaluated by [3-(4, 5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide] (MTT) using HT29, C6, HeLa, A549, MCF7, Hep3B, Vero, and FL cell lines. Cytotoxicity was determined by lactate dehydrogenase (LDH) assay.

Results: The cyanobacterial extracts showed varying antiproliferative and cytotoxic effects on cancer cells. G. carotinosum and N. linckia had significant inhibitory effect on C6 cell lines with half-maximal inhibitory (IC_{50}) levels of 112.69 and 121.48 µg/mL, respectively. TGI values for G. carotinosum and N. linckia were 65.07 and 70.61 µg/mL, respectively. LC_{50} values for these two cyanobacteria were 386.64 and 760.55 µg/mL, respectively. In addition, cyanobacterium A. oryzae displayed excellent antiproliferative effect on MCF7 cancer cells (GI_{50} = 2.04 µg/mL). The extracts displayed the cytostatic effect on the cell lines.

Conclusion: G. carotinosum, N. linckia and A. oryzae exhibit significant activity on various cancer cells. Hence these cyanobacteria may offer promise as anticancer agents.

Keywords: Freshwater cyanobacteria, Anticancer, Cytotoxicity, Chroococus minutus, Geitlerinema carotinosum, Nostoc linckia, Anabaena oryzae

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INTRODUCTION

Cyanobacteria, known as cyanoprokaryotes or blue-green bacteria, and gram negative prokaryotes are some of the oldest living forms in the world, dating back to 3.7 billion years [1, 2]. The cyanobacteria have significant activities arising from production of some bioactive secondary metabolites [3]. Filamentous sea cyanobacteria have been reported to prevent cancer growth, neurodegenerative and infectious diseases [4]. Sea cyanobacteria include a great variety of compounds with pro-apoptotic effects [5]. Sea cyanobacteria *Synechocystis* sp. and

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Synechococcus sp. were reported to inhibit human promyeloctic leukemia (HL-60) cells [6].

Rise of cancer incidence and limitations of existing drugs make it desirable to develop new anticancer molecules from various sources including freshwater cyanobacteria [7]. It was reported that water extracts of Nostoc muscorum and Oscillatoria sp. showed high anticancer activity against Ehrlich Ascites Carcinoma cell and Human Hepatocellular (HepG2) cells [8]. In addition, aqueous extract of Spirulina sp. have been shown to inhibit Hepatic Stellate cell (HSC). Besides, crude extracts of six cyanobacteria (Phormidium sp., Geitlerinema sp., Arthrospira sp., Phormidium sp. Phromidium sp. and Leptolyngbya sp. demonstrated concentrationdependent inhibitions of Homo Sapiens Kidney Carcinoma and Homo Sapiens Colon Colorectral Adenocarcinoma [9]. Similarly, cyanobacterium Cyanothece sp. had high anticancer effect on extracellular T-lymphoma cells [10].

In the present study, anticancer properties of freshwater cyanobacteria species (*Chroococcus minutus*, *Geitlerinema carotinosum*, *Nostoc linckia*, Anabaena *oryzae*) were investigated on HeLa, HT29, A549, MCF7, Hep3B, C6 cancer cells and FL, Vero cells.

EXPERIMENTAL

Isolation and culture of cyanobacteria

Cyanobacteria were collected from freshwater Tokat habitats around Yesilirmak River. Collected and identified cyanobacteria were under an isolated mechanically inverted microscope. The cyanobacteria C. minutus and G. carotinosum were grown in a 250 ml Erlenmeyer consisting of Bristol medium (125 mL). N. linckia and A. oryzae were cultured in an Erlenmeyer vessel containing 125 ml BG-11 medium [11]. The cells in the vessel were incubated under fluorescent lamp at 26 ± 2 °C for 15 days. Then, cyanobacteria were centrifuged and dried at 60 °C.

Cyanobacteria extraction

Each dry cyanobacterium was extracted with methanol (50 mL) for 48 h. The solvent was filtrated and then removed by rotary evaporator to yield the extract which was subsequently dissolved in dimethyl sulfoxide (DMSO) (1.5 mL) for storage at 4 °C until use [12].

Cell lines

HeLa, MCF-7, Hep3B, A549, C6, HT29 cancer cell lines, along with FL cell and Vero kidney

epithelial cell were used. Cell lines were incubated on a medium (Dulbecco's Modified Eagle Medium) enriched with 10% fetal bovine serum and 2% penicillin Streptomycin at 37 °C and 5% CO_2 environment. Analyses were carried out after cells reached a certain density.

MTT cell proliferation assay

MTT test was used to evaluate the effects of extracts on cell proliferation [13]. After exposing cancer cells to the extracts for 24 h, MTT test was performed.

A stock solution was prepared by mixing 5 mg/ml MTT solution with RPMI1640 medium (without phenol red). This new solution was added to the reaction medium with incubation for 4 h. Absorbance measurement was carried out by a spectrophotometer at 560 nm.

Calculation of GI_{50} , TGI, LC_{50} and IC_{50} parameters

At the end of incubation, cell inhibition was calculated. The half-maximal inhibitory concentration of the extracts (IC_{50}) and 5FU were calculated by XLfit5 software as in Eq 1 [14].

Inhibition (%) = $\{(A - B)/B\} \times 100 \dots (1)$

where A is the absorbance of the extracts and B absorbance of untreated cells.

 GI_{50} (50 of % Growth inhibition), TGI_{50} (Total growth inhibition) and LC_{50} (50% of drug causing cell kill) parameters were calculated for the extracts using Eqs 2 and 3.

 $GI_{50} = \{(Ti-Tz)/(C-Tz)\} \times 100 = 50 \text{ (provided that } Ti \ge Tz).......(2)$

50% of drug causing cell kill $(LC_{50}) = {(Ti-Tz)/Tz} \times 100 = -50$ (provided that Ti < Tz)..(4)

Here; Tz; zero point, C; control growth, Ti; inhibition of the test substance, TGI: Total growth inhibition [15].

Determination of cytotoxic effects

Lactate dehydrogenase (LDH) assay was carried out based on procedure provided by the manufacturer (Roche, USA). LDH activity was measured in terms of the amount of formazan produced. LDH activity was determined as absorbance at 492 - 630 nm by a microplate reader (RAYTO RT100C). Cytotoxic activity (T) was determined using Eq. 5 [14,15].

 $T (\%) = {(EV - LC/HC - LC)}100 \dots (5)$

where EV = experimental value, LC = low control and HC = high control.

Statistical analysis

The experiments were performed in triplicate and all data are expressed as mean \pm standard deviation (SD). The data were analyzed by one-way ANOVA using SPSS software (version 21.0).

RESULTS

Anticancer activity

 GI_{50} , TGI, LC₅₀ and IC₅₀ values of *C. minutus* and *G. carotinosum* were given in Table 1. The antiproliferative activity of *N. linckia* and *A. oryzae are* shown in Table 2. Anticancer drug 5FU was used as a positive control (Table 3).

Compared with IC₅₀ values of 5FU and cyanobacterial extracts, *G. carotinosum* and *N. linckia* showed better activity against C6 cell lines (112.69 \pm 0.07 µg/mL and 121.48 \pm 0.09 µg/mL, respectively) than 5FU did (134.67 \pm 1.02 µg/mL).

Table 3: GI₅₀, TGI, LC₅₀, and IC₅₀ values for 5FU

Cell line	5FU						
Cell lille	GI 50	TGI	LC ₅₀	IC ₅₀			
A549	13.34	63.25	763.06	83.62			
HeLa	15.68	60.91	461.93	55.13			
Hep3B	15.31	91.28	>1000	161.13			
HT29	22.40	94.23	769.66	78.93			
MCF7	7.28	47.47	>1000	48.42			
C6	21.82	102.72	>1000	134.67			
Vero	20.01	93.73	972.29	86.45			
FL	21.23	82.36	582.62	138.38			

In terms of 50 % growth inhibition parameter (GI₅₀), *C. minutus* significantly inhibited growth of Hep3B and C6 cancer cells at 18-20 µg/mL. It also inhibited the growth of MCF7 cells (3.31 ± 1.02 µg/mL) better than standard 5FU did (7.28 ± 0.92 µg/mL). *G. carotinosum* successfully inhibited growth of the MCF7 and C6 cells as well. *N. linckia* and *A. oryzae* extracts had a significant effect to inhibit MCF7, Hep3B and C6 cancer cell lines. Indeed, *A. oryzae* extract displayed the highest growth inhibition on MCF7 cells with a value of 2.04 ± 0.32 µg/mL.

G. carotinosum and *N. linckia* extracts inhibited total growth of the C6 cell at 65.07 \pm 0.23, 70.61 \pm 0.45 µg/mL, respectively, which were better than 5FU. *A. oryzae* also had an inhibition effect on C6 cell (103.01 \pm 0.12 µg/mL) close to 5 FU. A comparison with the standard (5FU) showed that the extracts had considerable levels of antiproliferative effects with potential to be used in pharmacology.

Table 1: GI₅₀, TGI, LC₅₀ and IC₅₀ for *C. minutus* and *G. carotinosum*

C. minutus			G. carotinosum				
GI ₅₀	TGI	LC ₅₀	*IC ₅₀	GI ₅₀	TGI	LC ₅₀	*IC ₅₀
83.11	>1000	>1000	389.93	44.75	>1000	>1000	284.20
35.95	752.93	>1000	209.43	27.60	267.95	>1000	170.74
19.81	>1000	>1000	296.15	21.77	801.54	>1000	296.07
240.77	>1000	>1000	367.78	89.93	>1000	>1000	330.17
3.31	253.69	>1000	163.46	3.43	211.87	>1000	148.58
18.61	136.08	>1000	164.90	18.66	65.07	386.64	112.69
112.52	>1000	>1000	353.95	45.18	227.56	>1000	144.97
17.84	458.51	>1000	274.44	20.10	189.01	>1000	227.37
	83.11 35.95 19.81 240.77 3.31 18.61 112.52	GI ₅₀ TGI 83.11 >1000 35.95 752.93 19.81 >1000 240.77 >1000 3.31 253.69 18.61 136.08 112.52 >1000	GI ₅₀ TGI LC ₅₀ 83.11 >1000 >1000 35.95 752.93 >1000 19.81 >1000 >1000 240.77 >1000 >1000 3.31 253.69 >1000 18.61 136.08 >1000 112.52 >1000 >1000	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	$\begin{array}{ c c c c c c c c c c c }\hline \textbf{GI}_{50} & \textbf{TGI} & \textbf{LC}_{50} & \textbf{*IC}_{50} & \textbf{GI}_{50} & \textbf{TGI} \\ \hline \textbf{83.11} &> 1000 &> 1000 & 389.93 & 44.75 &> 1000 \\ 35.95 & 752.93 &> 1000 & 209.43 & 27.60 & 267.95 \\ 19.81 &> 1000 &> 1000 & 296.15 & 21.77 & 801.54 \\ 240.77 &> 1000 &> 1000 & 367.78 & 89.93 &> 1000 \\ 3.31 & 253.69 &> 1000 & 163.46 & 3.43 & 211.87 \\ 18.61 & 136.08 &> 1000 & 164.90 & 18.66 & 65.07 \\ 112.52 &> 1000 &> 1000 & 353.95 & 45.18 & 227.56 \\ \hline \end{array}$	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$

*Linear equation was used

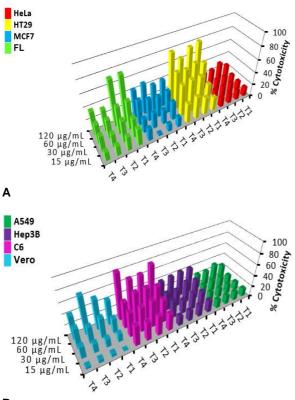
Table 2: GI₅₀, TGI, LC₅₀ and IC₅₀ for *N. linckia* and *A. oryzae*

Cell line	N. linckia			A. oryzae				
	GI ₅₀	TGI	LC ₅₀	* IC 50	GI ₅₀	TGI	LC ₅₀	* IC 50
A549	143.60	>1000	>1000	370.84	248.92	>1000	>1000	407.95
HeLa	18.38	214.06	>1000	151.36	19.81	253.49	>1000	168.38
Hep3B	14.91	351.93	>1000	245.93	13.29	575.72	>1000	279.13
HT29	558.75	>1000	>1000	386.73	44.60	827.66	>1000	180.82
MCF7	5.23	131.30	>1000	133.16	2.04	394.94	>1000	189.45
C6	15.36	70.61	760.55	121.48	11.71	103.01	>1000	157.97
Vero	79.85	>1000	>1000	214.99	41.43	500.42	>1000	180.74
FL	20.45	433.08	>1000	284.24	25.97	584.10	>1000	290.24

*Calculated by linear function

Lactate dehydrogenase (LDH) release

The cytotoxic effects caused by extracts in the present study was determined by measuring LDH at various concentrations (15, 30, 60 and 120 µg/mL) (Figure 1). Cyanobacterial extracts showed low cytotoxicity at all concentrations on HeLa and A549 cell lines (~10 - 20 % cytotoxicity). It has been found that at low concentrations, the cytotoxic effect of the extracts on MCF7 cell line was very low and increased along with the concentration ($\sim 5 - 40$ % cytotoxicity). As in MCF7 and the Hep3B cell line, the toxicity was low at low concentrations. The extracts were found to be more toxic on other cell lines (HT29, C6, FL). C. minutus and A. oryzae had low cytotoxic effects on Vero cell lines, but their cytotoxicities were high in other extracts. Compared to standard 5FU whose cytotoxicity is known to be 5 - 15 %, the extracts were found to have cytostatic effects on HeLa, A549, MCF7 and Hep3B cells. Because of their low toxicity and high antiproliferative effects, the extracts examined in the present study are suitable for drug development and they merit more advanced pharmacological investigations.



В

Figure 1: The cytotoxic activities of cyanobacterial extracts on HeLa, HT29, MCF7 and FL (*A*), and A549, Hep3B, C6 and Vero (*B*) cells. T1: *Chroococus minutus*, T2: *Geitlerinema carotinosum*, T3: *Nostoc linckia*, T4: *Anabaena oryzae*

Morphological correlation with cytotoxic activity

Morphological changes caused by high anticancer activity of the *G. carotinosum* extract on C6 cell and low cytotoxicity on the HeLa cell were examined by inverse phase-contrast microscopy (Figure 2).

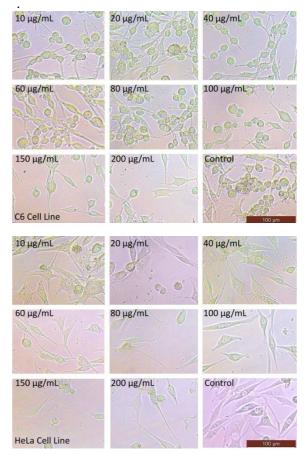


Figure 2: Effect of *G. carotinosum* extract on morphology of C6 and HeLa cells. DMSO-treated cells are controls

DISCUSSION

Cyanobacteria are oxygen producing organisms and they can live almost everywhere. They are a source of rich bioactive natural products [16]. The medical value of cyanobacteria has been known for a long time. Indeed, some cyanobacteria have been used for the treatment of some illnesses such as gout, fistula and various types of cancer [17,18]. Aqueous extract of *Spirulina platensis* was reported to inhibit growth of Human Pancreatic Adenocarcinoma (PA-TU-8902) [19]. Similarly, *Phormidium* sp. was shown to inhibit the growth of HT29 and HeLa cells [20,21].

Due to the increasing cancer incidence in the world and high level of side effects by commonly

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used chemotherapy drugs, there has been an interest in use of natural products in cancer treatment recently. In the present study, antiproliferation and cytotoxicity features of cyanobacteria were examined on various cell lines to reveal their anticancer potential. Of the cyanobacteria studied, G. carotinosum showed the highest anticancer activity. It has been reported that anticancer effects of single filament cvanobacteria are high [22]. Similarly, Geitlerinema sp. CCC728 and Arthrospira sp. CCC729 were considered to be potent anticancer drug sources [9]. In addition, the LC_{50} is important in cancer research and the fact that the LC50 is low indicates the high activity of cancer cells [23].

LDH assay in culture medium is used as an [24]. indicator for cytotoxicity Lactate dehydrogenase is a cytoplasmic enzyme found in all cells. When cells are exposed to toxic effects, plasma membrane integrity is impaired and LDH enzyme penetrates into cells. Thus, cell damage can be assessed by measuring LDH activity after exposure to toxic effects [25]. In the present study, some of the cyanobacterial extracts displayed considerable antiproliferative activities on various cancer cell lines, and they did not have any cytotoxicity on FL (human amnion cells) and Vero (kidney epithelial cell) cells. Thus, these extracts have the potential to be used in pharmacology.

Apoptosis leads to characteristic changes (morphology) and death of cells [26]. Cyanobacterial extracts have been found to contain long acting apoptotic compounds [10]. Research demonstrated that Oscillatoria terebriformis extract reduced cell viability of Human Lung Cancer Cell Lines by induction of apoptosis [27]. It was observed that Spirulina sp. extract enriched with selenium inhibited the growth of breast cancer cells via induction of apoptosis [28]. Their ease of culturing and promising anticancer activities make cyanobacteria particularly attractive organisms for drua development through future biotechnological studies.

CONCLUSION

G. carotinosum, N. linckia and A. oryzae display considerable activity against various cancer cells. Therefore, these cyanobacteria merit investigation as part of a drug discovery process. The bioactive secondary metabolites should be isolated and identified from corresponding cyanobacteria to determine activity-compound interactions.

DECLARATIONS

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Conflict of Interest

No conflict of interest associated with this work.

Contribution of Authors

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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