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**Original Research Article** 

# Preparation, characterization and stability of silver sulfadiazine nanoliposomes

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# Abstract

**Purpose:** To prepare, characterize and investigate the stability and drug release profile of silver sulfadiazine (AgSD) nanoliposomes as functions of pH, UV exposure, and/or heat.

**Methods:** Silver sulfadiazine (AgSD) nanoliposomes were prepared. The stability and release properties of the free drug and nanoliposomal formulations of AgSD as functions of pH, UV exposure, and/or heat were analyzed. The analyses were performed at different time points.

**Results:** The results of characterization showed that acidic, basic and neutral silver sulfadiazine nanoliposomal suspensions (AgSD NLSs) were produced as stable homogenous formulations, as indicated by low polydispersity index (PDI) and high zeta potential. The three AgSD NLSs and AgSD were unstable under different heat and/or UV conditions. The pH tended to shift towards neutrality, starting from day 1. Silver sulfadiazine nanoliposomal suspensions (AgSD NLSs) and free drug (AgSD) exhibited similar release properties (100 % of the drug was released at day 12).

**Conclusion:** Incorporation of AgSD into nanoliposomes has no significant effect on the stability and in vitro release properties of the drug. This indicates that NLS did not change the physical characteristics of the drug. Studies that focus only on improving the lipophilicity of silver sulfadiazine may benefit from these results.

Keywords: Malaria, Nanoliposomes, Drug release, Silver sulfadiazine, Suspension

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# INTRODUCTION

Malaria, a life-threatening, febrile and infectious disease which is a public health concern, affects over 5 million people in the tropics [1]. According to World Health Organization (WHO), there were an estimated 219 million cases of malaria, and *435,000* related deaths in 2017 [1]. In Saudi Arabia, approximately 177 new cases of malaria were diagnosed in 2017, while about 2,638,680

people were at risk of the disease [1]. The surge in malaria cases in Saudi Arabia is due to the migration of refugees into the country from neighboring Yemen. Increased drug resistance is responsible for the rise in malaria cases worldwide [2]. Therefore, there is need to employ nanotechnology and nanomedicine for the development of novel antimalarials that can effectively combat resistant strains. Nanotechnology was only recently identified as an effective tool in drug design/delivery. The procedure increases chemical activity via enhancement of surface-to-volume ratio and reduction of the resistance of parasites via drug entrapment in a suitable delivery system [3,4].

Drugs currently used for the treatment of malaria function through different mechanisms. One of such drugs is AgSD. It is a sulfonamide with silver ion (Ag<sup>+</sup>) which combines the effects of heavy metal and sulfadiazine. Originally, AgSD was used for the treatment of burn infections caused by Pseudomonas aeruginosa and other microorganisms [5]. The drug kills waterborne bacteria such as Salmonella typhi, Vibrio cholera, Staphylococcus aureus and Escherichia coli [6]. However, it produces serious side effects such as diarrhea, vomiting, nausea, hepatic necrosis, anemia and hypersensitivity reactions [7]. Although stable, AgSD is insoluble in water, alcohol and ether, and it has a low hydrophiliclipophilic balance [8,9]. Little or nothing is known about the stability of nanoliposome-encapsulated AgSD. The only attempt so far was the study involving chloroquine. The antimalarial drug chloroquine was loaded in liposomes to study its stability with time as functions of some physical characteristics in vivo (pH, duration of exposure and drug concentration). The results showed that chloroquine in liposomes was more stable and less toxic than when it is in free form [10].

The aim of the present study was to prepare, characterize and investigate the stability and release profile of AgSD nanoliposomes as functions of pH, UV exposure, and/or heat.

# MATERIALS AND METHODS

### Materials

All chemicals and reagents used in this study were of analytical grade. Methanol was product of Fisher chemicals (USA). Acetone was purchased from Tedia Co. Ltd. (USA). Hydrochloric acid (37 %), monopotassium phosphate (KH<sub>2</sub>PO<sub>4</sub>), acetonitrile, triethylamine and phosphoric acid were bought from Sigma-Aldrich (USA). Dimethyl sulfoxide (DMSO) was obtained from Loba Chemie (India). Phosphatebuffered saline (PBS) was product of Micromaster Laboratories (India).

High performance liquid chromatography (HPLC) machine was product of Shimadzu (Japan). Zetasizer was bought from Malvern Co. (UK). Sunlight meter was a product of Fabulous LLC (USA), while pH meter was purchased from Jenway Co. Ltd. (UK).

# Preparation of AgSD nanoliposomes and drug loading

In one beaker, cationic nanoliposomes were prepared by dissolving 50 mg of dimethyl dioctadecyl ammonium bromide (DDA) in 50 mL of chloroform. In another beaker, 50 mg of cholesterol was dissolved in 50 mL of chloroform. A third beaker was used to dissolve 50 mL of AgSD in 50 mL of mixed solvents of 33 % ammonium hydroxide and water (1:10, v/v). The contents of the three beakers were then mixed in volume ratio of 2:1.5:0.5 (DDA: AgSD: cholesterol). After vortexing, the mixture was transferred to a small glass vial and dried using stream of nitrogen gas. The glass vial was left under vacuum for 1 h to obtain a dry lipid film which was rehydrated with normal saline and heated for 15 min at 60 °C. Subsequently, the content of the vial was transferred to an Eppendorf tube and centrifuged at 10,000 rpm for 5 min to precipitate both non-encapsulated drug and non-hydrated lipids [11].

# Determination of AgSD content of nanoliposomal suspensions

The drug content of the three nanoliposomal suspensions (NLSs) were analyzed with HPLC [12]. The HPLC machine was operated at 254 nm using C18 column and mobile phase composed of water, acetonitrile and phosphoric acid in volume ratio of 900:99:1. Exactly 0.9 mL of nano-formulation was drawn from each vial and added to 0.1 mL of the internal standard (sulfamerazine).

### Characterization of NLSs

Drug characteristics such as polydispersity index (PDI), zeta potential, and size distribution were analyzed. Samples were diluted five times, and analyzed using Zetasizer.

## Stability studies

Silver sulfadiazine (AgSD) and its nanoformulations were dispensed in three beakers and treated with HCl or NaOH to produce acidic (pH 4.5), basic (pH 10.5) and neutral suspensions (pH 7.4). These formulations were kept under different thermal and/or UV conditions. The stability of the AgSD formulations with time at the various pH values was determined.

### Stability under thermal and/or UV conditions

Aliquots of acidic, basic and neutral AgSD NLS and free AgSD were dispensed in three beakers.

The first beaker was kept outdoors under direct sunlight at 40 – 45 °C and average UV index of 12 SU, as measured using sunlight meter (solar UV photometer). The second beaker was kept at a temperature of 24 °C and exposed to sun UV rays through window glass. The third beaker was kept outdoors under shade (heat only). Samples were drawn for analysis at different time points: 2, 6, 8, 10, 12, and 24 h; and on days 6, 12, 18, 24, and 30. The samples were analyzed at 254 nm using HPLC, with injection volume of 10  $\mu$ L, flow rate of 2 ml/min and 3.9 mm x 30 cm column.

# Evaluation of the stability of the pH of AgSD and AgSD NLS

The stability of the pH of AgSD and AgSD NLSs on exposure to different thermal and/or UV conditions was determined with pH meter. The pH of acidic (pH 4.5), basic (pH 10.5) and neutral (pH 7.4) AgSD and NLSs were measured on days 1, 12 and 30 to check for any changes.

#### Drug release profiles

The dissolutions of AgSD NLSs and AgSD at pH 7.4 were measured. The samples were resuspended in 200 mL PBS (pH 7.4) and incubated at 37 °C. Cellophane dialysis membrane tubing (dialysis bag) containing drug formulations was inserted in each beaker. Then, aliquots of eluted drug medium were removed for analysis at different time points: at onset, 2 h, 6 h, 8 h, 10 h, 12 h, 24 h, day 6, day 12, day 18, day 24, and day 30. Each sample of PBS (0.9 mL) was subjected to HPLC analysis. This volume was replaced with fresh buffer to prevent sink conditions. To each vial, 0.1 mL of the internal standard sulfamerazine was added [12].

#### Statistical analysis

Data are expressed as mean  $\pm$  standard error of mean (SEM). Groups were compared using Student *t*-test. Statistical analysis was performed with GraphPad prism version 7. Values of *p* < 0.05 were taken as indicative of statistically significant differences.

# RESULTS

Characteristics	of	silver	sulfadiazine
nanoliposomes			

The zeta potential of AgSD NLSs were significantly higher than that of blank NLS (p < 0.05), but there were no significant differences in zeta potential among the three nanoliposomal suspensions (p > 0.05). Moreover, there were no significant differences in zeta sizes at all pH conditions among the groups (p > 0.05). However, PDI was significantly higher in blank NLS than in AgSD NLSs (p < 0.05; Table 1).

# Drug stability under different heat and/or UV conditions

The three formula groups: acidic, basic and neutral AgSD NLSs and AgSD were kept under direct sunlight, shadow and sunlight without heat. Samples were taken at different time points ranging from zero time (immediately) to the 30<sup>th</sup> day. The results showed that formulations were not stable under these conditions, but the degree of instability varied among the formulas (p <0.05). Under "no heat" condition (exposure of formulations to UV light), there was significant and time-dependent difference in drug stability between acidic and neutral AgSD NLSs (p < 0.05). The basic AgSD NLS was stable only for 2 h, beyond which it was degraded. Although acidic AgSD was stable for 2 h, the concentrations of the other AgSD at all pH conditions were unstable. However, under shadow conditions (heat, without UV light), the acidic AgSD NLS was stable for 6, beyond which the drug content fluctuated and returned to normal on day 30 (p = 0.9688). Neutral AgSD was stable for 2 h. All other formulas showed instability with time under shadow (p < 0.05). In solar conditions (exposure to UV light and heat), all the formulas (acidic, basic and neutral NLSs and AqSD) were unstable (p < 0.05). Moreover, NLS formulations were completely degraded at day 24; acidic and neutral AgSD samples were completely degraded at day 18, while basic AgSD was degraded at day 30. These results are shown in Figure 1, Figure 2 and Figure 3.

**Table 1:** Physical properties of AgSD NLSs and blank

Group	Zeta potential (mV)	Average size (nm)	PDI
Acidic AgSD NLS (pH 4.5)	36.90 ± 1.80ª	354.70 ± 5.70	0.37 ± 0.01 <sup>a</sup>
Neutral AgSD NLS (pH 7.4)	37.70 ± 6.50 <sup>a</sup>	455.50 ± 54.10	$0.48 \pm 0.03^{a}$
Basic AgSD NLS (pH 10.5)	34.20 ± 4.60 <sup>a</sup>	335.40 ± 8.30	$0.49 \pm 0.04^{a}$
Blank NLS	-2.70 ± 0.09	409.70 ± 9.40	0.73 ± 0.05

 $^{a}P < 0.05$  compared with blank NLS; AgSD NLS = silver sulfadiazine nanoliposomal suspension; mV = millivolt; nm = nanometer; and PDI = polydispersity index





Figure 1: Stability of AgSD NLSs and AgSD under "no heat" condition. (A) AgSD NLS in UV exposure condition. (B) AgSD in UV exposure condition



Figure 2: Stability of AgSD NLSs and AgSD under shadow conditions. (A) AgSD NLS in heat condition. (B) AgSD in heat conditions

Time (day)



Figure 3: Stability of AgSD NLSs and AgSD under solar conditions. (A) AgSD NLS in UV exposure and heat conditions. (B) AgSD in UV exposure and heat conditions

### Effect of heat and/or UV on the stability of pH of AgSD NLS and AgSD formulations

The stability of pH of AgSD NLSs and AgSD were monitored for a period of 1 month. As shown in Figure 4, the pH of the acidic and basic AgSD NLSs and AgSD was approximately 7. Although the pH of most AgSD NLSs rose to approximately 9 on day 30, the change in pH was not significantly different on exposure to sunlight without heat, shadow and solar conditions (p > 0.05). The pH shifted toward neutrality with time.

#### **Drug release**

Nanoliposomal suspensions (NLSs) of AgSD did not release drug on day 1. The results showed that 100 % of the drug was released at day 12. However, there were no significant differences in drug concentrations among all the formulations on days 6 and 12 (p > 0.05; Figure 5).



(B) pH under heat conditions



(C) pH under UV exposure and heat conditions



Time (day)

**Figure 4:** Heat and/or UV effect on the stability of pH of AgSD NLS and AgSD formulations. **(A):** Under UV exposure; **(B):** Under shadow condition; and **(C):** Under heat condition



Figure 5: Drug release profile

#### DISCUSSION

Malaria, a disease caused by infection by a single-cell parasite Plasmodium, remains one of the leading causes of morbidity and mortality in the tropics. About 655,000 persons died of malaria in 2010 and 86 % of the victims were children under 5 years of age [1]. Antimalarial drugs are used in three different ways: prophylaxis, treatment of falciparum malaria and treatment of non-falciparum malaria. Treatment protocols for falciparum malaria vary, depending on severity of the disease: fast-acting, parenteral drugs are best suited for severe, life-threatening disease [1]. Drugs currently used for the treatment malaria employ of various mechanisms. One of such drugs is AgSD [5]. The aim of this study was to prepare, characterize and investigate the stability and release profile of AgSD nanoliposomes as functions of pH, UV exposure, and/or heat. The results of characterization showed that acidic, basic and neutral AgSD NLSs produced stable homogenous formulations, as indicated by low PDI and high zeta potential.

Size, distribution and physical integrity are parameters commonly used to characterize and evaluate the quality of NLS [13,14]. Hydrochloric acid (HCI) which was used to adjust the pH of AgSD NLSs (pH of the basic NLS was adjusted with NaOH), may have increased the positive charge, thereby influencing the zeta potential. Similarly, the silver ion  $(Ag^+)$  may have influenced the positive charge on the formulations. The low zeta potential and high PDI of blank NLS indicate heterogenicity [15].

Nanoliposomes were used in this study, since they have been successfully employed as biopreservatives to entrap food, vitamin D, minerals (such as Ca<sup>2+</sup> and Mg<sup>2+</sup>), pharmaceuticals and cosmetics, thereby protecting them from degradation [16-20]. In this study, both AgSD NLSs and AgSD were unstable under different heat and/or UV conditions. These results suggest that the formulations should be kept away from heat and UV light. Similar results have been obtained in previous reports [21]. Studies have shown that nanoliposome-entrapped drugs are readily and rapidly degraded when exposed to increased heat (in both UV and dark conditions) [22-24].

Measurement of pH at different time points showed that it tended to shift towards neutrality, starting from day 1. It is likely that the pH of water (6.5 - 8.5) and AgSD (4 - 6) overwhelmed the effect of HCl and NaOH [21]. In a previous study, the pH of chloroquine liposome decreased

with time, and it was attributed to bacterial contamination [23]. The results of previous studies have also demonstrated that abrupt change in pH can be detrimental to the structure of liposomes [25].

Moreover, the release profile of AgSD NLSs and AgSD revealed that both were released over the same period of time. The lag phase of AgSD NLSs may be due to aggregation of NLS in the pores of the dialysis bag, which was not the case with AgSD solution [26]. The release of 91 % of the drug at day 6 indicated that most of the AgSD NLSs were released between days 1 and 6. The results of a previous study showed that nanoliposomes with 30 % cholesterol exhibited greater stability, as well as controllable and reproducible release. This may suggest that increasing cholesterol ratio from 0.5 to 1 could improve the drug release profile.

# CONCLUSION

Incorporation of AgSD into nanoliposomes has no significant effect on the stability and *in vitro* release properties of the drug. This indicates that NLS does not change the physical characteristics of the drug. Studies that focus only on improving the lipophilicity of silver sulfadiazine may benefit from these finding.

# DECLARATIONS

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#### **Conflict of interest**

No conflict of interest is associated with this work.

### Contribution of authors

All authors conceptualized and designed the experiments. Delia Alkhatib conducted most of the literature search and experiments and wrote the first draft of the manuscript. Noha Zelai performed the statistical analysis and edited the manuscript.

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