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Original Research Article

Formulation, characterization and in-vitro evaluation of solid lipid nanoparticles for the delivery of a new anticancer agent, 1H-pyrazolo[3,4-d] pyrimidine derivative

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Abstract

Purpose: To investigate the physicochemical properties and in vitro cytotoxic effect of a potent epidermal growth factor receptor-tyrosine kinase (EGFRWT-TK) inhibitor, 1H-pyrazolo [3,4-d] pyrimidine (FEP) derivative and formulated as solid lipid nanoparticles (SLNs) using stearic acid (ST) or glycerylmonostearate (GMS).

Methods: The SLNs were prepared by hot homogenization and sonication method. The effect of formulation variables on particle size, zeta potential and polydispersity index (PDI) of SLNs were studied, and an optimized formulation selected. Drug-excipient interactions were assessed by differential scanning calorimetry (DSC) and Fourier Transform Infrared (FTIR). Mammary gland breast cancer (MCF-7) and human colon cancer (HCT116) human cell lines were used to evaluate the cytotoxic activity of the free and FEP-loaded SLNs.

Results: The particle size of the SLNs was in the range of 138 - 819 nm, while zeta potential varied from -15 to -20 nm. FEP-loaded SLNs exhibited significant cytotoxic effect compared to the free drug and doxorubicin in the two cell lines (p < 0.05). The activity was higher in HCT116 compared with MCF-7 cells (p < 0.007). The concentration of FEP loaded SLNs, free drug and doxorubicin that showed 50 % inhibition (IC₅₀) for breast cancer cells were 1.06 \pm 0.09, 2.58 \pm 0.16 and 3.75 \pm 0.4 µg/ml, respectively.

Conclusion: The findings show that FEP-loaded SLNs have greater in-vitro cytotoxic activity than the free FEP, and thus, might improve cancer therapy in humans.

Keywords: Anticancer, Solid lipid nanoparticles, 1H-pyrazolo[3,4-d] pyrimidine, EGFRWT-TK, Poloxamer 188, Glyceryl monostearate

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INTRODUCTION

A new 1H-pyrazolo [3,4-d] pyrimidine derivative has been synthesized, and it showed significant anticancer potential [1]. Its mechanism of action involves the inhibition of epidermal growth factor receptor-tyrosine kinase (EGFR-TK), which have been shown to be over-expressed in many types of tumors, such as breast and hepatic cancers [1]. However, this compound has poor water

solubility that may affect its bioavailability and efficacy [2]. Nanotechnology approach was explored to improve anticancer activity of FEP. Solid lipid nanoparticles (SLNs) was thought to be the suitable option, as they incorporate lipophilic drugs efficiently. It has been reported that lipid based-nanosystems improve cytotoxicity of many chemotherapeutic drugs, including doxorubicin, paclitaxel, sorfenib and dihydroartemisinin [3,4]. SLNs are passively targeting tumor cells due to their enhanced permeability and retention nature [4]. The surface of SLNs could also be modified for active targeting of tumor cells [5]. In addition, SLNs have the ability to reverse the resistance of chemotherapeutic agents in multi-drug resistant cancer cells [6]. SLNs have proven their efficacy in various tumor types e.g., breast, hepatic, bladder, lung, brain and leukemia [3,7].

Although FEP showed promising in-vitro cytotoxic effect in EGFR-containing cells, its invivo performance might face a variety of obstacles, such as rapid clearance, poor bioavailability and toxicity of vital organs. All these points were taken into consideration in order to enhance the efficacy of this substance. Consequently, SLNs were developed and investigated as a carrier of the chemotherapeutic compound. Two lipid matrices (stearic acid and its ester glycerylmonostearte) and two stabilizers (Tween 80 and poloxamer 188) were chosen to fabricate SLNs. Eight preparations were formulated, and their physicochemical properties were determined. The most promising for preparation was chosen further characterization. Its in-vitro cytotoxic activity was studied using MTT assay method and compared to free drug and doxorubicin.

EXPERIMENTAL

Chemicals and cell lines

Stearic acid, poloxamer 188 and glyceryl monostearate were purchased from Merck, Darmstadt, Germany. The reagents - RPMI-1640 medium, MTT and DMSO were purchased from Sigma Chemical Co. (St. Louis, USA), fetal bovine serum was purchased from GIBCO (UK). Two human tumor cell lines namely: mammary gland breast cancer (MCF-7) and colon cancer (HCT116) were obtained from ATCC via Holding company for biological products and vaccines (VACSERA), Cairo, Egypt.

Synthesis of anticancer agent

It was synthesized by the method described in a Gaber *et al* [1] publication. Its structure was depicted in Figure 1.



Figure 1: Chemical structure of 4-(2-(1-(4-Fluorophenyl)ethylidene)hydrazinyl)-1,6-diphenyl-1Hpyrazolo[3,4-d] pyrimidine

Preparation of SLNs

For formulation of SLNs, two lipids matrices and two surfactants were investigated (glyceryl monostearate and stearic acid as lipids; tween 80 and poloxamer 188 as surfactants). SLNs were prepared using hot homogenization and sonication method. Briefly in a beaker, the designated amount of lipid was melted by heating to 70 °C. 10 mg of chemotherapeutic substance were dispersed in the melted lipid. Other beaker containing 100 ml of distilled water was heated to the same temperature and used to dissolve the surfactant. The aqueous phase was added slowly to the lipid phase on a hot platemagnetic stirrer under vigorous stirring of 850 rpm. The mixture was homogenized for 5 min, and then probe-sonicated for another 5 min. The Type and ratio of lipids and surfactants used in production of SLNs were depicted in Table 1.

Determination of particle size and zeta potential

The physical characteristics of solid lipid nanoparticles (particle size distribution, PDI and zeta potential) were determined using Zetasizer Nano-ZS (Malvern Instruments, UK) at 25 °C. The average of three experiments and standard deviations were reported.

Transmission electron microscopy (TEM)

Morphological analysis of the optimum preparation was performed with HR transmission electron microscopy (JEOL JEM-2100). One drop of diluted sample was put on a copper grid and allowed to dry. The dried sample was then stained with 1% phosphotungstic acid and observed by transmission electron microscopy [8].

Differential scanning calorimetry (DSC)

DSC experiments were performed using DSC (Shimadzu DSC-60, Kyoto, Japan). 4 mg from each sample was crimpled in standard aluminum pan, while another empty pan was used as a reference and scanned from 0 to 300 °C at scanning rate of 5 °C/ min.

Fourier transform infrared spectroscopy (FTIR)

FTIR was carried out using FTIR (Thermo Scientific, Nicolet iS50). Samples were made into pellets using KBr and subjected to analysis under transmittance mode from 500 to 4000 cm-1.

In-vitro cytotoxicity studies

The cell lines mentioned above were used to evaluate the effect of free drug, drug loaded SLNs and doxorubicin on cell growth using the MTT assay. The cells were seeded in RPMI-1640 medium with 10 % fetal bovine serum at 37 °C in a 5 % CO₂ incubator. Then penicillin (100 units/ml) and streptomycin (100µg/ml) were added. The cells were cultured in a 96-well plate separately at a density of 1.0 x 10⁴ cells/well at 37 °C for 48 h under 5 % CO₂, followed by the addition of various concentrations of compounds (6.25 - 100 µg/ml) and further incubation for 4 h. Then 20 µl of MTT solution at 5mg/ml was added and left for further 4 h. Next, 100 µl dimethyl sulfoxide (DMSO) was transferred to each well to dissolve the purple formazan colour results from conversion of yellow tetrazolium bromide (MTT) by mitochondrial succinate dehydrogenase in viable cells. A plate reader (EXL 800, USA) was used to measure absorbances at 570 nm. The percentage of relative cell viability was determined using the following equation:

% relative cell viability = (Absorbance of treated samples/Absorbance of untreated sample) x 100.

The mean drug concentration needed to inhibit the growth of 50% of cells (IC50%) was also calculated. Experiments were conducted in triple, and the mean and standard deviations were calculated [9].

Statistical analysis

Statistical tests were performed with Excel 2013 software (Microsoft Corporation, USA). One-way analysis was used to calculate inter-group variations. Statistically significant differences were considered, and assumed at p < 0.05.

RESULTS

Physicochemical characteristics of SLNs

Different formulation variables were studied to optimize SLNs as depicted in Table 1. First, 100 mg of either GMS or ST (stearic acid) were stabilized by 300 mg of poloxamer 188 or Tween 80. Combination of GMS and poloxamer 188 resulted in smaller particle size (138 - 249 nm) compared to other preparations (495 - 819 nm). Consequently, further studies were carried out using GMS as lipid matrix and Poloxamer 188 as stabilizer. To investigate the influence of GMS and poloxamer 188 on quality attributes of SLNs, their amounts were changed from 100 to 300 mg, and their physicochemical properties were recorded in Table 1. F4 (200 mg of GMS and 300 mg of Poloxamer 188) had the smallest particle size and PDI values of 138.5 ± 1.98 nm and 0.37 ± 0.03 respectively, and reasonable zeta potential value -20.14 ± 2.18 mv (Figure 2 a and b) was considered as the optimum SLNs preparation. Subsequent characterization and invitro cytotoxicity studies were performed with SLNs prepared using the above-mentioned amounts. Zeta potential values varied from -15 to -25 mv when the formulation variables were changed.

Batch		Con	Composition Physical characteristics			ristics	
	GMS	ST acid	Tween	Poloxame	Particle size ±	PDI ± SD	Zeta Potential ±
	(mg)	(mg)	80 (mg)	r 188 (mg)	SD		SD
F1	100			100	249.9 ± 6.32	0.35 ± 0.045	-18.6 ± 0.72
F2	100			200	222.73 ± 1.03	0.48 ± 0.09	-18.07 ± 1.12
F3	100			300	245.00 ± 4.63	0.39 ± 0.06	-20.73 ± 0.35
F4	200			300	138.50 ± 1.98	0.37 ± 0.03	-20.14 ± 2.18
F5	300			300	193.37 ± 5.76	0.42 ± 0.03	-20.60 ± 1.51
F6	100		300		495.36 ± 10.50	0.50 ± 0.06	-15.57 ± 4.30
F7		100	300		819.75 ± 11.30	0.58 ± 0.05	-25.40 ± 1.31
F8		100		300	589.20 ± 9.84	0.54 ± 0.01	-16.57 ± 0.70

Table 1: Composition and physicochemical characteristics of various formulations

Thermal and morphological features

Figure 2 c shows TEM picture of SLNs. The particles were almost existing as discrete units and were not aggregated. SLNs were roughly spherical with irregular surface. There was a difference in contrast between the core lipid matrix and surface corona of poloxamer 188. Kumar *et al* also noticed the core-corona contrast variation [10].



Figure 2: Zeta potential (a) size distribution (b), TEM Micrograph (c) of FEP-SLNs fabricated using 200 mg GMS, 300 mg poloxamer 188 and 10 mg FEP. Nanoparticles were stained with 1% phosphotungstic acid

Thermal characteristics

DSC for individual components, physical mixture and the optimum formula was run from 20 to 300 °C as depicted in Figure 3. GMS showed endothermic peak at 62.21 °C, which was less than the reported value 71°C [11]. This might be due to partial esterification of the GMS used in this study, as evidenced by negative zeta potential of nanoparticles manufactured from it. Poloxamer 188 displayed melting peak at 56.3 °C, which was comparable to previous work. [12]. The endothermic peak of the pure drug appeared at 250.3 °C, and this result was in agreement with the previously published work [1]. Physical mixture exhibits a melting peak at 51.4 °C. On the contrary, SLNs showed SLNs thermogram with a single peak at 52.1 °C.



Figure 3: DSC thermogram of (a) GMS, Poloxamer 188, FEP and (b) physical mixture, FEP-SLNs, FEB

Infrared spectra

FTIR of SLNs components and FEP-SLNs were displayed in Figure 4. GMS spectrum characteristic peaks were (C=O) stretching, which appeared at 1735.6 cm^{-1} and (C-H) stretching at 2850.2 cm⁻¹ and 2917.8 cm⁻¹. [13]. Poloxamer 188 showed characteristic peaks between 3000-1000 cm⁻¹. Peaks 1111.7 cm⁻¹ assigned to (C-O) stretch and 1345.1 cm⁻¹ (in plane O-H) [14]. FTIR of the FEP showed peaks at 3211.6 cm⁻¹, 3090 cm-1 and 2970 cm⁻¹, which were assigned to (N-H) stretch, aromatic (C-H) stretch, and aliphatic (CH) stretch, respectively [1]. On the other hand, the spectrum of SLNs and physical mixture showed (C=O) stretching of GMS at 1730 cm⁻¹ and peak of poloxamer 188 at about 1111 cm⁻¹. Drug peaks did not appear in the physical mixture or SLNs, and this might be due to the effect of dilution, since the drug amount was very small at about 2% of the total preparation.

Cytotoxicity

Figure 5 indicated that FEP- SLNs, free drug and doxorubicin decreased cell viability in a dose – dependent manner in the two studied cell lines. Drugs encapsulated in SLNs showed significantly lower IC_{50} value (P < 0.05) (Table 2) and remarkable difference in cytotoxic effect in MCF-7 (P = 4.1*10-5), compared to the free FEP and

DOX (Table 2). In contrast, empty SLNs percentage viabilities were above 90 %, indicating that the cytotoxicity was not due to components of SLNs.



Figure 4: FTIR spectra of (a) GMS, Poloxamer 188 and FEP; (b) physical mixture and FEP-SLNs



Figure 5: In-vitro cytotoxic effect of different formulations in (a) HCT116 and (b) MCF-7 cancer cells after 24 h incubation. Free drug (\Box), FEP-SLNs (\blacksquare), DOX (\blacksquare). Percentage viability was evaluated by MTT assay. Data are expressed as mean ± SD (n = 3)

Table 2: Cytotoxicity (IC₅₀ of SLNs formulations)

	Cytotoxici		
Formulation	HCT116	MCF-7	<i>P</i> - value
Doxorubicin	1.87±0.6	3.75±0.4	0.019
FEP-	0.82±0.07	1.06±0.09	0.007
encapsulated in SLNs			
FEP	1.59 ± 0.12	2.58 ± 0.16	0.008
<i>P</i> -value	0.025	4.1*10 ⁻⁵	

DISCUSSION

Inhibitors of wild-type epidermal growth factor receptor-tyrosine kinase (EGFRWT-TK) showed promising results in cancer therapy [15]. Anticancer efficacy of FEP was approved by Gaber *et al* [1]. However, its anticancer potential could be hindered by its poor water solubility. To improve its effectiveness, SLNs were developed, since they offer several advantages for delivery of poorly water-soluble drugs.

SLNs manufactured using poloxamer 188 as surfactant exhibited remarkably lower particle sizes (138-245 nm) and polydispersity, compared to those prepared with Tween 80 (495 - 819 nm). This could be attributed to the good emulsification power of poloxamer 188, due to its higher HLB [>24] value compared to that of Tween 80 which is 15. This result was in good correlation with previous study [16]. No specific trend in particle size was observed when poloxamer 188: GMS ratio was increased from 1:1 to 3:1, neither when GMS: poloxamer 188 ratio was varied from 1:1 to 3:1. Minimum particle size was obtained when the ratio of GMS to poloxamer 188 was 2:3 as shown on Table 1. When stearic acid was used as lipid matrix, particles presented a higher size compared to GMS-containing formulations. The quality of the produced SLNs depends largely on the properties of the pre-emulsion, crystallization behaviour of the two matrices when exposed to heating, cooling processes during production, polarity, melting point and viscosity of the lipids [17].

All SLNs preparations displayed negative charge resulting from the ionization of carboxyl group of stearic acid for stearic acid-SLNs, or ionization of fatty acids released from the hydrolysis of GMS [18]. SLNs containing ST and Tween 80 displayed the highest zeta potential values, whereas those fabricated using GMS and Tween 80 showed the lowest values. This is to be expected since stearic acid is a fatty acid and it is more easily dissociated compared to the GMS, which is ester. Zeta potential of SLNs composed of GMS and poloxamer 188 did not change significantly when the component amounts were altered. The presence of charge and steric stabilization by poloxamer 188 contributed to the stability of SLNs. Additionally, the negatively charged nanosystems might cause less damage to cells compared with cationic ones [5].

In Figure 3, the endothermic peaks of both the physical mixture and SLNs were almost similar and somewhat broad. This could be ascribed to the GMS and poloxamer 188 mixture. Lowering of the melting point of GMS when incorporated into SLNs was attributed to the change in crystallinity during preparation and/or the presence of poloxamer 188. Other researchers reported a shift of GMS endothermic peak to a lower temperature when it was used as a lipid The endothermic peak that matrix [13]. corresponds to the drug melting point was not noted in the thermograms of physical mixture and SLNs. This result proposes a molecular dispersion of the chemotherapeutic agent in the lipid matrix, which agrees well with other researchers' findings [19]. The enthalpy of fusion of SLNs (Δ H) 53 .48 J/ g was much lower than that of the physical mixture (129.94 J/g) and bulk lipid (148.46 J/g), indicating a reduction of the crystallinity of the lipid [20].

In-vitro cytotoxicity was evaluated in two celllines, HCT116 and MCF-7. These cell-lines were chosen because FEP has anti EGFR-TK, which is a therapeutic target for many solid tumors, such as breast and colorectal cancers [1]. The activity was higher in colon cancer (HCT116) compared to mammary gland breast cancer (MCF-7), as indicated by the tabulated p-values (Table 2). This result was interesting since colorectal cancers are the most aggressive type of cancers, and represents 10% of cancer cases worldwide. Two approved monoclonal antibodies, cetuximab (Erbitux®) and panitumumab (Vectibix®), showed activity against colorectal cancer, and their activity was related to the inhibition of the overexpressed wild-type EGFR [21].

The enhanced effect might be due to the ability of SLNs to accumulate in the tumor passively [4]. In addition, the presence of poloxamer 188 also had a positive effect. In a study conducted by Allotey-Babington *et al* [22], it was found that ploxamer 188 enhances the uptake of nanoparticles into cell lines to a greater extent compared to other types of poloxamers, such as Pluronic F-108, pluronic F-127. Another study demonstrated that Docetaxel-loaded nanoparticles coated with poloxamer 188 were more effective in breast cancers than uncoated candidates [23]. All these factors accounted for the enhanced cytotoxic activity of FEP-loaded SLNs.

CONCLUSION

Nano-sized GMS-poloxamer 188 has been successfully developed and characterized as a suitable carrier for the chemotherapeutic substance, FEP. The derived formulations enhance cytotoxic efficacy, as evidenced by low cell viability in the two cell lines, and the lowest IC_{50} among the tested compounds. Thus, the formulations can be further developed for the management of cancer.

DECLARATIONS

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Conflict of interest

No conflict of interest is associated with this work.

Contribution of authors

We declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by the authors.

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